

Your logo goes here

School Name

Address

Phone number
email

Name

Title

Dear Parents,

I am interested in using video self-modeling in our classroom. Video modeling involves watching a video of a model or oneself and then imitating the behavior seen on the video. Results from studies indicate that video modeling and video self-modeling are effective intervention strategies for addressing social-communication skills, behavioral functioning, and functional skills in children and adolescents. Benefits of using this strategy include the following:

- Promotes the acquisition of new skills
- Enhances performance of existing skills (increases mastery and fluency, and decreases anxiety)
- May be combined with other strategies (coaching, social problem solving, self-monitoring, etc.)
- Allows for the use of “hidden” supports and prompt fading
- Increases self-confidence through the viewing of successful behavior

Videos will be created in our classroom as well as the students’ general education classroom and will be used to practice and improve our social skills. The videos will be shared in our classroom and with a group of teachers that are interesting in learning how to use video modeling within the district (I will be teaching a group of teachers how to use video modeling). If you give permission for me to use this strategy, please sign below and send the bottom portion back to me. If you would like to learn more about video modeling and video self-modeling please feel free to call or e-mail me using the contact information below.

Thank you,

xxxxxxxxxxxxxx, title
[email address here](#)
(555)555-1212

I give permission for my child, _____, to be videotaped for the purpose of video modeling at Central Learning Center.

Parent/Guardian Signature

Date

Inspire the learner; ignite the potential!

School Name • School District •